

New Haven Public Schools Pre K-6

Monday

Tuesday

Wednesday

Thursday

Friday

5  
Fish Sticks  
Mac and Cheese  
Steamed Broccoli  
Baked Apples  
Milk

6  
Chicken Nacho  
Refried Beans  
Tossed Salad w/tomato  
Dragon Punch  
Pears  
Milk

7  
Corn Dog  
Macaroni and Cheese  
Steamed Peas  
Applesauce Cup  
Milk

8  
Cheeseburger  
French Fries  
Fresh Veggies  
Grapes  
Cookie  
Milk

9  
Cheese Pizza  
Tossed Salad w/ Tomato  
Cherry Slushy  
Diced Apple Cup  
Milk

10  
Popcorn Chicken  
Mashed Potatoes  
Steamed Carrots  
Applesauce  
Dinner Roll  
Milk

11  
Turkey and Cheese Sandwich  
Chips  
Baby Carrots  
Dragon Punch  
Craisins  
Milk

12  
Ham and Cheese on Bun  
Chips  
Dried Cherries  
Cherry Slushy  
Rice Krispy Treat  
Milk

13  
Pizza Bosco Stick w/Marinara  
Steamed Broccoli  
Toss Salad w/Tomato  
Dried Cranberries  
Milk

14  
Grilled Chicken on Bun  
Chips  
Fresh Veggies  
Cherry Slush  
Applesauce Cup  
Milk

15  
Deli Sandwich  
Chips  
Baby Carrots  
Dragon Punch  
Dried Cherries  
Milk

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Daily Requirements for Pre K Include: 1-2oz Meat/ Meat Alternate, 1/2c Vegetable, 1/2c Fruit, 1-2oz Whole Grain, and 6oz Milk.

Daily Requirements K-6 Include: 2oz Meat/ Meat Alternate, 3/4c Vegetable, 1/2c Fruit, 2oz Whole Grain, 1c Milk. Students must chose at least 3 items one including a fruit and vegetable.

This institution is an Equal Opportunity Provider. Menu is subject to change without prior notice.

New Haven Public Schools MS/HS

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



1  
Fiesta Chicken Nacho  
Or Corndog  
Refried Beans  
Tossed Salad w/ Tomato  
Fruit Choice  
Milk

2  
BBQ Pork Flatbread  
Or Cheese Bosco w/ Marinara  
Sauce  
Steamed Green Beans  
Fruit Choice  
Cookie  
Milk

3  
Cheeseburger on Bun  
French Fries  
Fresh Vegetables  
Fruit Choice  
Dragon Punch  
Milk

6  
Walking Taco  
Or Corndog  
Refried Beans  
Tossed Salad w/tomato  
Fruit Choice  
Milk

7  
Chicken and Rice Bowl  
Or Grilled Chicken Sandwich  
Steamed Broccoli  
Cherry Slush  
Fruit Choice  
Milk

8  
Toasted Ravioli w/ Meat Sauce  
Or Cheese Bosco Stick w/Meat  
Sauce  
String Cheese  
Steamed Carrots  
Fruit Choice  
Milk

9  
BBQ Day  
Chips  
Fresh Vegetables  
Fruit Choice  
Ice Cream  
Milk

10  
Chicken Patty on Bun  
Or Spicy Chicken Patty on Bun  
French Fries  
Baby Carrots  
Fruit Choice  
Milk

13  
Grilled Chicken on Bun  
Or Pizza Bosco Stick  
Baby Carrots  
Cherry Slush  
Fruit Choice  
Milk

14  
Cheeseburger on Bun  
Chips  
Fresh Veggies  
Fruit Choice  
Rice Krispy Treat  
Milk

15  
Deli Sandwich on Bun  
Chips  
Fresh Veggies  
Fruit Choice  
Cookie  
Milk

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